



POOLSIDE YOGA & GUIDED HIKES

- PRESENTED BY TOCALOMA SPA

Challenge & balance your body and mind with a **Yoga Stretch Class** or explore & learn about the surrounding desert landscape with an easy to moderate **Guided Hike**

When:

Wednesday, Saturdays & Sundays

Hike* 6:30-7:30am

Yoga* 8:00-9:00am

Where:

Meet on the patio of Tocaloma Spa & Salon

How:

Must reserve your spot 24-hours in advance by calling 602 375 4645 or ext. 7085

\$25 per person, per service



*Hike & Yoga is for all skill levels, beginner to advanced. Appropriate hiking footwear is required.
Children under age 16 must be accompanied by an adult.

161043 5/18

Facebook: [pointehiltontapatiocliffs](#) | Twitter & Instagram: [@pointehiltontap](#)